

# IEREST on Humbox: User guide

## Q: What is Humbox?

A: Humbox is an open repository of teaching resources in the humanities, developed and managed by the University of Southampton. It can be found here: <http://humbox.ac.uk>

## Q: What IEREST materials can I find on Humbox?

A: You can find all the IEREST resources, including the entire manual in pdf, the ten activities as Word files, and the four sets of accompanying slides.

## Q: How many items are there in the IEREST toolbox?

Apart from the manual, you can also download 3 sets of slides complementing the individual modules and introducing the theoretical aspects of the activities

## Q: How can I find the IEREST resources?

A: The resources can be accessed through the IEREST group page: <http://humbox.ac.uk/group/19>.

The screenshot shows the Humbox website interface. At the top, there is a navigation bar with links for Home, Browse, Forum, About, and Help. A search bar is located on the right side of the navigation bar. Below the navigation bar, there are links for Login and Create Account. The main content area features the IEREST logo and a description of the project. The IEREST logo consists of a globe icon and the text 'IEREST Intercultural Education Resources for Erasmus Students and their Teachers'. The description states that these resources were created as part of the Erasmus Multilateral Project (2012-2015) and are intended to provide an Intercultural Path for Erasmus students. Below the description, there are two sections: 'Latest Additions' and 'Most Viewed Items'. The 'Latest Additions' section lists 10 items, and the 'Most Viewed Items' section lists 4 items with their respective view counts.

Home | Browse | Forum | About | Help | Search... | Advanced search

Login | Create Account

### IEREST (Intercultural Education Resources for Erasmus Students and their Teachers)

These resources were created as part of the Erasmus Multilateral Project (2012-2015) IEREST. The aim of the project is to develop an Intercultural Path (a set of teaching modules) to be provided to Erasmus students before, during, and after their experience abroad, in order to encourage learning mobility and to support students in benefiting as much as possible from their international experiences in terms of personal growth and intercultural awareness. There are ten activities in total, divided into three modules. Module 1 is to be taught before departure, Module 2 during the stay abroad, and Module 3 once the students have returned home. The activities have accompanying slides, downloadable as a separate resource, to support teachers in the delivery of the modules.

Website: <http://ierest-project.eu>

#### Latest Additions

Embed

1. IEREST Module 3 - Student mobility beyond the academy
2. IEREST Module 3 - One, two, many... Erasmus experiences
3. IEREST Module 3 - Bringing interculturality back home
4. IEREST Module 2- Experiencing (interculturality through) volunteering
5. IEREST Module 2 - Intercultural geography
6. IEREST Module 2 - 24h Erasmus life
7. IEREST Module 1 - Meeting others abroad
8. IEREST Module 1 - Exploring narrative in intercultural mobility contexts
9. IEREST Module 1 - Anti-discrimination study circle
10. IEREST Module 1 - Perceptions of self and other

View all resources by IEREST (Intercultural Education Resources for Erasmus Students and their Teachers).

#### Most Viewed Items

1. IEREST - Intercultural Education Resources for Erasmus Students and their Teachers	98
2. IEREST Module 3 - Student mobility beyond the academy	50
3. IEREST Module 1 - Slides	37
4. IEREST Module 2 - Slides	33

## Q: If I want to use just one activity, do I have to download the whole manual?

A: No, you can download single activities of your choice.

**Q: Do I need to create an account to access and download the materials?**

A: No, you don't. But you will need a Humbox account to view any Comments and Notes, or to share your own versions of the materials.

**Q: What can I do with the resources?**

A: The resources have been published with a Creative Commons “attribution-non commercial-share alike “ (BY-NC-SA) licence. This means that they can be downloaded and freely adapted (translated, modified, remixed and built upon) to suit different teaching contexts. However, you must always give appropriate credit, and provide a link to the original resource.

The licence also means that you can't use the resource for commercial purposes (either the original activity or your new version). Finally, you cannot claim intellectual property for your adaptations and should allow others to further build upon it. So your new version of the activity will need to be shared with the same licence. For more information, please see <http://creativecommons.org/licenses/by-nc-sa/4.0/>

**Q: How do I create an account on Humbox?**

A: Please refer to the Help page <http://humbox.ac.uk/faq.html> for information on how to create an account.

**Q: I have translated/adapted one of the IEREST resources. Would you like me to share it?**


A: Yes, please! Although the project itself is finished, we hope that IEREST will continue to be disseminated and used throughout the world. To do this, we would like you to feel you are a member of a worldwide community of practice, that will provide support and advice, and share resources with others. For example, if you need to translate one activity into a different language, why not then share it with other teachers who may need it in the same language? Or if you adapt it for use in secondary schools, why not share it with other secondary school teachers? If you do, then please help us locate the new resource by following these points:

- Always tag any resource you uploaded that draws on IEREST resources with the tag 'IEREST'.
- Add a comment in the 'Comment' box of the original resource, briefly telling us how you have adapted the resource, and the link to the new activity.

**Comments & Notes**

Comments      Notes

**You must login to add comments.**

 **Dr Irina Golubeva** 18 Sep 2015 15:51

I have prepared some materials in Spanish to teach this activity. They can be found here <http://humbox.ac.uk/4571/>

**Q: What are tags for?**

A: You can browse the resources by using tags (e.g., IEREST, intercultural communication, etc). You can also use the tag 'IEREST' to search for resources. The tag 'IEREST' is important, because all new resources (including adaptations of original activities) will not appear in the group page, but under the name of the author. So the only way to find them is through the tag IEREST. You can also add other tags, such as the target group (mobile students, teacher trainees, etc.).

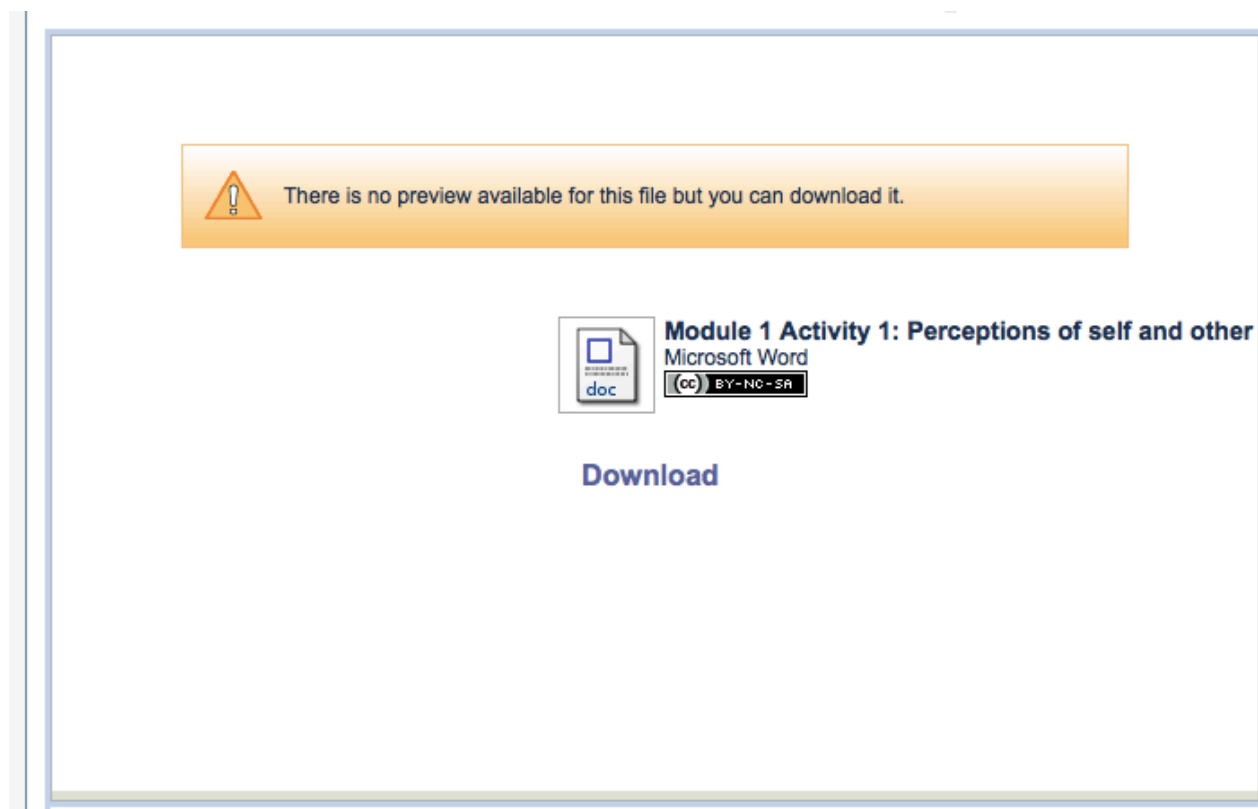
For more information on tagging, see <http://humbox.ac.uk/faq.html>

**Q: What about copyright?**

A: If you decide to share your new activity, make sure that it doesn't contain copyrighted material. For advice on copyright, see <http://humbox.ac.uk/faq.html>

**Q: What metadata do I need to add when I upload a resource adapted from an IEREST activity?**

A: When you upload a resource, you will need to add a short description (a title) of the file. This is what appears in the box next to the document you upload:



Then you will need to add a title for the resource, a short description, your name (as creator of the resource), your institution (optional) and the language in which it is written.

**Resource Details**

★ **Title:**  ?

**Description:**  ?

Given Name / Initials	Family Name	Email address
Ana	Beaven	ana.beaven@unibo.it
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>

**Creators:**    ?

**Institution:**  ?

★ **Languages:**

1.  ?

2.  ?

3.  ?

This information will appear on the main page of the resource:

### IEREST Module 1 - Perceptions of self and other

There is no preview available for this file but you can download it.

**Module 1 Activity 1: Perceptions of self and other**  
 Microsoft Word  
(cc) BY-NC-SA

[Download](#)

#### Description

This activity invites the students to explore the concept of 'multiple identities' and to consider how it is related to intercultural communication. This concept is considered fundamental in view of an experience abroad. In addition, terms such as 'co-constructed', 'negotiated', 'ascribed', 'contested' identities will be introduced at the beginning of the activity and then practised in the four tasks, in order to provide the students with the appropriate language to articulate the concepts introduced. It will be in the light of these concepts that other more common terms are reconsidered, namely those of 'stereotype', 'prejudice', 'essentialism', and 'ethnocentrism'.

Then, you will be asked to indicate the attribution/acknowledgements: this is where you need to indicate that it is based on a IEREST activity (you also need to do this inside your document). Please indicate Given Name/Initials: IEREST; Family Name: Consortium. You can leave the email address blank.

**Attribution/Acknowledgements:**

Given Name / Initials	Family Name	Email address
<input type="text"/>	<input type="text"/>	<input type="text"/>

★ **Licence:**

Creative Commons: Attribution 3.0

Creative Commons: Attribution-Share Alike 3.0

Creative Commons: Attribution-No Derivative Works 3.0

Creative Commons: Attribution-Noncommercial 3.0

Creative Commons: Attribution-Noncommercial-Share Alike 3.0

Creative Commons: Attribution-Noncommercial-No Derivative Works 3.0

**Rights Declaration:** Tick to indicate that the content you are uploading and making available to others belongs to you and does not infringe any third party rights, including copyright. Uploading or copying content that does not belong to you or for which you don't have permission without the copyright owners' permission may be an infringement of copyright, which may be a civil and/or criminal offence for which you may be liable.


In the "Licence" box, please select Creative Commons: Attribution-Noncommercial-Share Alike". Then tick the "Rights declaration" box.

Once you save and publish your resource, it will be given a unique number. Go to the original resource, and in the Comments box, tell us about the new resource you have created!

### Comments & Notes

Comments Notes

**You must login to add comments.**

 Dr Irina Golubeva 18 Sep 2015 15:51

I have prepared some materials in Spanish to teach this activity. They can be found here <http://humbox.ac.uk/4571/>

---